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Spirituality In Counseling And Psychotherapy

Forgiveness is a frequent challenge in life and a common concern of clients in psychotherapy. While it is easy to see the emotional benefits of forgiveness, ...

Forgiveness and Spirituality in Psychotherapy: A Relational Approach

Thomas G. Plante makes a case for integrating spiritual and religious tools in therapy as part of ethical practice, and as a way to add value to services such ...

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Spiritual Practices in Psychotherapy: Thirteen Tools for Enhancing Psychological Health

Richard Sears interviews transpersonal psychologist Katrina Michelle about harm reduction practices with psychedelics in therapy.

Psychedelics, Transformative Experiences and Healing: An Interview with Katrina Michelle

Therapists and psychology students say the tools they are learning help when facing their own mental health struggles. Difficulties with mental health in their lives motivate them to help others in

...

Therapists use skills they teach in their own lives

Psychiatry has long failed to explain depression. Our research into psilocybin suggests a new approach, says researcher Robin Carhart-Harris ...

Psychedelics are transforming the way we understand depression and its treatment

For over a decade now, studies have increasingly shown that certain drugs once thought to be dangerous may actually have therapeutic benefits—and psychedelic therapy may be especially helpful for ...

Psychedelic Therapy: How Mushrooms, LSD, and MDMA Could Help Treat Mental Illnesses

From the courtrooms of Mexico, through university masters programmes, to several doctoral theses in circulation on the topic today, Family Constellations is a ‘work’ or ‘modality’ that has undergone

...

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Family Constellations: A controversial and bold 'development' in therapeutic practices

According to Elizabeth (2011), health is defined as an individual's mental, spiritual and physical state. This state can either be a positive or negative. The world health organization has defined ...

PSY223 Health And Psychological Wellbeing

Our graduate program is committed to educating compassionate and competent couples and family therapists who work with clients across cultural locations and faith traditions.

Master of Arts in Couples and Family Therapy

Rachele Amadori, aka regenoh, is an Italian illustrator who uses art to express everything she feels and lives. Find out more!

The intense and abstract art by Rachele Amadori

Silo Wellness Inc. ("Silo Wellness" or "the Company") (CSE: SILO) (FRA: 3K70), a leading global psychedelics company has today announced it will expand its portfolio of psilocybin and ketamine product ...

Silo Wellness Partners with Kaivalya Kollektiv to Include 5-MeO-DMT In Psychedelic Portfolio Offering

The statement comes in response to a class-action lawsuit on behalf of 33 students or former students of federally funded Christian colleges and universities that allege widespread discrimination ...

17 psychological groups call for greater protections of LGBTQ students at religious schools

An Islamic Psychospiritual-Acceptance and Commitment-based Prevention Program for At-risk

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Young Adults in the COVID-19 Pandemic - Full Text View.

An Islamic Psychospiritual-Acceptance and Commitment-based Prevention Program for At-risk Young Adults in the COVID-19 Pandemic

Before my stay, I'd waved away words like "holistic" and "self care" for their crunchy-granola vagueness. But what did I have to lose by trying it?

I spent a week at a wellness retreat in Thailand this winter to see if it would help me cope with stress and come to terms with change in the middle of the pandemic

Over the past decade, one organization has utilized the modalities of sound and vibration to deliver healing and relaxation without the patient ever being touched by someone's hands. Founded in 2014 ...

Vibrational sound therapy offers touchless healing and relaxation

The UK Government is set to ban conversion therapy, but experts have warned that a 'highly dangerous loophole' may have been created as a consequence. Conversion therapy is a type of practice that ...

UK Government Set To Ban Conversion Therapy But Experts Warn Of 'Highly Dangerous Loophole'

A public consultation will be opened "as soon as possible" into a ban on LGBTQ+ conversion therapy in England and Wales. The Government will instate a ban on conversion therapy following a "short" ...

Conversion therapy: Campaigners call for 'full and clear' ban as Government pledges public consultation

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Angry commentators, among them many parents, posed several questions as to the teaching methods that teachers are adopting in schools in northwestern Syria. Not knowing the extent of disciplinary ...

Teacher-violence in northwestern Syria schools: reasons and responses

The long-awaited ban comes three years after the then-prime minister Theresa May first promised to end the practice in an interview with ITV News in 2018.

Exclusive: Government to ban conversion therapy in Queen's Speech

The medical services company will provide a variety of home-based services to clients within a 40-mile radius of the new Grand Forks office.

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